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Charlevoix
County News

February 26, 2015

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Charlevoix DDA considers new attendance policy

Norma Jean Babcock

CHARLEVOIX: At what proved to be a quieter meeting of the Downtown Development Authority on Monday, the Board began considering a policy that will ensure attendance of Board members in the hopes of having a full quorum at all times.

The idea to create an "attendance policy" was first brought up by Mayor Gabe Campbell, who expressed his frustrations last month's meeting that several members of the board are consistently missing at monthly meet-

ings. At that meeting the board agreed with his sentiments and put the item on the agenda for this month.

The policy language began to be considered after looking at similar policies by the City's Planning Commission and ZBA Board. The policy will help give the board more leverage if a member misses a certain amount of consecutive meetings.

"There's no point in being on the board if you're not going to be here," stated Campbell.

The policy, which won't take effect until after the city staff creates the language and a public

hearing is held, will state that a member missing more than 3 consecutive meetings or 4 meetings within a six month period can be dismissed from the board. However, those on the board determined that they wouldn't get too specific about the issue of excused and unexcused absences but would rather have a simple policy that would allow the board to determine if the absences had been avoidable or not.

The hope of this policy is that the DDA will never be in a position where decisions cannot be made because there isn't a full quorum. This is especially impor-

tant as the DDA only meets once a month, and often its actions have to be approved by city council before they can be put to action.

City Manager Rob Straebel was at the meeting to help the DDA create the policy, and he advocated that at least having a general direction for attendance would be helpful to remedy the issue.

"It's good to get the attendance policy on the books...we just need a general direction now and then we can dump it into the bylaws and hold a public hearing," stated Straebel.

The policy will hopefully be drafted by the next meeting, and then a public hearing can be held.

In other DDA news, the new Economic Development Director, Annie Doyle, will be starting on March 3. The DDA will also have a meeting with City Council sometime in April to work out issues that were raised at the council meeting held on February 16. Those issues include a request for a Development Plan, and a request for more information regarding the DDA budget.

sports



pg. 3B

Charlevoix's Hannah Zipp (40) battles Lauren Bramer (2) of TCSF for a rebound as Rayder teammate Kortney Putman (42) battles for position. (PHOTO BY SCOTT RICHARDS)



pg. 5B

Charlevoix's Nate Moon (20) gets off a shot as the Gladiators Michael Hegewald (20) defends in the Rayders victory. (PHOTO BY SCOTT RICHARDS)

Ramblers clinch share of LMC title with convincing win over Rayders



Boyne City senior, Dalton Gardner (20) drives the lane for two of his 11 points as Charlevoix's Mason Louiselle (52) defends. Full story on page 2B. (PHOTO BY CINDA SHUMAKER)

Cold weather prompts area cities to issue run water notices

East Jordan

All customers of the City of East Jordan water system are asked to immediately begin running a pencil lead trickle of water from one faucet to help prevent water lines from freezing.

East Jordan will announce through the media and through its website when the temporary measure will be lifted. For the duration of this run water notice, water/sewer bills will be estimated based upon past usage.

If you have any questions about this let run water notice, please contact City Hall at 231-536-3381.

Boyne City

All customers of the Boyne City Water system are asked to immediately begin running a pencil width trickle of cold water from one of their faucets to help prevent water lines from freezing. Frost in the Boyne City area has been reported to extend about seven feet below ground in the last few days. The frost is the deepest under paved roads and other areas where the blanket of snow, and its insulating properties, has been removed.

The combination of extremely cold weather, clear sunny days and warmer weather ahead will probably lead to the frost being driven even further down in the days and weeks ahead. Contrary to what many might think, periods of sunny warmer weather may actually make things worse for now by pushing the frost down even deeper into the ground.

While no City water mains have frozen and are not at risk due to their depth and the continual movement of water in them. Service leads to individual customers are generally more vulnerable; especially where they run under sidewalks, driveways

See Run Water-3A

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weather

THURSDAY	FRIDAY	SATURDAY	SUNDAY
HIGH: 9 LOW: -7	HIGH: 17 LOW: 2	HIGH: 24 LOW: 13	HIGH: 27 LOW: 13

snowfall records

2012-13	2013-14	2014-15
2/25/201390.5	2/24/2014154	2/23/201581.5....Boyne Falls
2/25/201379.5	2/24/2014107	2/23/201549.5.....Charlevoix
2/25/201356.5	2/24/2014116	2/23/201570.4Cheboygan
2/25/201395.4	2/24/2014 ... 131.6	2/23/201594.1 ...East Jordan
2/25/2013113	2/24/2014 158.2	2/23/2015123.....Gaylord
2/25/201336.7	2/24/201459.3	2/23/201527.8.....Mio
2/25/201359.1	2/24/2014106.7	2/23/201555.9Onaway
2/25/201398.1	2/24/2014161.7	2/23/201597.1.....Petoskey

record temps

DAY	AVG	LOW	AVG	HIGH	RECORD LOW	RECORD HIGH
FEB 2614°35°31°	(1963).....62° (2000)		
FEB 2714°35°16°	(1994).....62° (2000)		
FEB 2814°36°17°	(1963).....55° (1998)		
FEB 2914°36°21°	(1980).....60° (2000)		
MAR 114°36°27°	(1962).....58° (2000)		
MAR 215°36°29°	(1962).....51° (1998)		
MAR 315°37°24°	(1972).....64° (1974)		
MAR 415°37°16°	(1978).....60° (1974)		

OBITUARIES

Darlyn "Jill" Anderson, 78

(FEB. 11, 1937 - FEB. 18, 2015)

Darlyn "Jill" Anderson, 78, of East Jordan, Michigan died Wednesday, February 18, 2015 at Grandvue Medical Care Facility in East Jordan.



She was born on February 11, 1937, in Grand Rapids, the daughter of Jack and Leone (Hipp) Olander. She graduated from Lowell High School in 1954. On August 17, 1956, in Cascade, Michigan, she married Gordon Anderson. Jill received a Bachelor of Science degree from Michigan State University in 1957.

Jill worked many years as a medical technician at Detroit Memorial Hospital. She retired in the late 1970s.

Jill was an accomplished artist with pottery. She was a member of the East Jordan Garden Club and the Jordan River Arts Council. She was also an active bird watcher.

She is survived by her husband, Gordon Anderson of East Jordan; one son, Richard Mark (Deborah) Anderson of Sterling Heights; daughter-in-law, Cathi Anderson of New Hudson; and four grandchildren, Kristen Anderson of Toledo, Amanda Anderson of Sterling Heights, Danielle Anderson of New Hudson and Jack Anderson of New Hudson. Jill was preceded in death by her parents and one son, Thomas Anderson.

A memorial service will be announced at a later date.

Memorials contributions may be given to the Alzheimer's Association, Alzheimer's Association, P.O. Box 96011, Washington, DC 20090-

6011 <http://www.alz.org>.

Barbara Ruth Novotny, 91

(JUNE 5, 1923 - FEB. 18, 2015)

Barbara Ruth Novotny, our mother and grandmother passed away, Wednesday, February 18, 2015, at Grandvue Medical Care Facility in East Jordan.



She was born to John Kiley and Reta Ann Bader on June 5, 1923, in East Jordan. Barbara was preceded in death by her parents; brothers, Maxwell and Harold Bader; and sister, Betty Bader Karr.

Barbara is survived by four of her six children, Reta Ann Shepard of Charlevoix, Kyla Kay Shepard Orsinger (Bob) of Waukesha, Wisconsin, Kathryn Sue Dressel Bricker of Crestview, Florida and Pamela Gay Dressel Crick (Mike) of Calumet, Michigan. Betty Lynn Shepard Clark and Donald Bruce Shepard preceded Barbara in death.

Also surviving are eighteen grandchildren, twenty-seven great grandchildren with one more due in the spring of 2015; along with many more family members and life-long friends.

Barbara was a home maker most of her life. Then in 1965, she went to work at Courters-Bendix-Honeywell in Boyne City. After retirement, she had fun volunteering at Challenge Mountain and Resale Shop in Boyne City where she met and greeted many new and old friends.

Barbara was a fun loving person, full of jokes and laughter. Her favorite holiday was Halloween, espe-

cially the scary masks and decorations. Her other "favorite" was any beach, especially Bells Bay and her own little beach in front of her home in Boyne City.

A loving memorial service to honor Barbara with family and friends will be held at a later date.

Any memorial contributions would be given to Grandvue Medical Care Facility, 1728 S. Peninsula Road, East Jordan, MI 49727.

The family was served by the Penzien Funeral Homes, Inc. in East Jordan.

Gale Sandra Phillips, 70

(DEC. 7, 1944 - FEB. 22, 2015)

Gale Sandra Phillips of Charlevoix passed away at her home Sunday, February 22, 2015. She was born December 7, 1944, in Detroit, the daughter of Elmer and Virginia (Williams) Phillips. Gale grew up in Dearborn, and graduated from Edsel Ford High School in 1961.

On January 4, 1964, Gale married David R. Phillips at Greenfield Village in Dearborn. They made their home in Charlevoix in 1971, where she and Dave owned and operated the Grey Gables Restaurant from 1971 until 1982. She is best known for helping shine the spotlight on others. When they say; behind every great man is a great woman they were talking about Gale. She was an integral part of the First World's Largest Cherry Pie. For the past several years, she's worked as a secretary for Paul and Georgeann Lindberg of Charlevoix.

Gale was a member of the Barnard United Methodist Church, the United Methodist Women, and Beta Sigma Phi in Charlevoix.

She is survived by her husband, David R.; son, Brian D. (Stephanie) Phillips of Fargo, N. Dakota; daughter, Amy G. (Joshua) Rollins of Tucson, Ariz.; grandsons, Joshua, James, and Jacob Phillips; mother,

Virginia Phillips of Dearborn; brother, Roy (Donna) Phillips of Algonac. Gale was preceded in death by her father, Elmer, and brother, Robert L.

Visitation will be from 11 am to 1 pm, Wednesday, February 25, at the Barnard United Methodist Church in Charlevoix, where the funeral will begin at 1 pm. The Reverend Craig Pahl will officiate. Burial will be in Barnard Cemetery.

Memorial contributions may be made to the Barnard United Methodist Church.

Please share a memory of Gale, or condolences at www.winchesterfuneralhome.com

Bernice Mae Oliver, 91

(JULY 2, 1923 - FEB. 22, 2015)

Bernice M. Oliver of Central Lake died Sunday, February 22, 2015 at Meadow Brook Medical Care Facility.



She was born July 2, 1923 in Detroit to Walter and Violet (Howell) Bolser.

She moved to Central Lake in the early 1940's where she owned and operated Bernice's Beauty Shop.

Bernice enjoyed line dancing and was an instructor. She also enjoyed sewing at Second Chance, taking care of her grandchildren and traveling.

Surviving are her children Gail (Owen) McDowell of Eastport, John (Nancy) Oliver of Central Lake, and Kay (Mike) McPherson of Central Lake; 12 grandchildren; 20 great-grandchildren; siblings Fern Oliver, Arlene Barber, Joan Andrews, Dale (Carla) Bolser, and Bruce (Shirley) Bolser. She was preceded in death by her parents Violet and Walter Bolser and brother Chet Bolser.

A celebration of Bernice's life will be held this summer.

Arrangements were made by Hastings Funeral Home in Ellsworth, online at www.hastingsfuneral.com

William A. Wicker Sr., 64

(JULY 11, 1950 - FEB. 20, 2015)

William Wicker Sr. of Boyne City passed away on Friday, February 20, 2015 at his home surrounded by his loving wife and two children.



William was born in July 11, 1950 to Obie & Mary (Eaton) Wicker. He grew up in Boyne City, Michigan, and on December 20, 1960, he married Sherryl Miller in Boyne City where they resided and raised their family.

William worked for DCL Inc. in Charlevoix, MI where he took pride in the company he worked for and all those who worked there. William was an avid hunter, fisherman and enjoyed being in the outdoors. He took pride in his hunting camp, The Possum Lodge and was enjoying his recent retirement. "Big Bill" will be remembered for his infectious smile, his great hunting/fishing stories and love for his family. He will be deeply missed by all who knew him.

William is survived by his wife of 45 years Sherryl (Miller) Wicker, Son; William (Shawntle) Wicker, of Boyne Falls, daughter; Stacy Wicker, of Boyne City, granddaughter; Madison Moore of Boyne City, granddaughter; Sarah & Emily Benedetti of Boyne Falls, Brother; Obie Wicker of Boyne City, Sister; Mary Fuller of Boyne City, Sister; Sandi (Lyle) Lake of Boyne Falls and Sister; Donna Higley of Vanderbilt and many nieces and nephews. William is preceded in death by his parents Obie & Mary Wicker, Sib-

lings; Agnes May, Lucille Goldsmith, James Wicker, Charles Wicker, Alma Grams, Elise Cooper, Virginia Brannon, Maxine Karlskin.

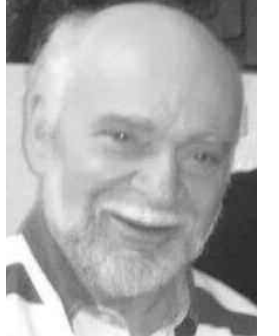
In keeping with William's wishes cremation will take place and a Memorial service will be held on Thursday February 26th at 1:00 pm at Stackus Funeral Home in Boyne City. The family will receive friends and family from Noon until the time of service.

The family requests memorial donations be directed to Hospice of Northwest Michigan.

Joseph Clinton Schlink, 70

(APRIL 27, 1944 - FEB. 17, 2015)

Joseph Clinton Schlink of Boyne City passed away on Tuesday, February 17, 2015 at McLaren Northern Michigan.



Joseph was born on April 27, 1944 the son of James and Maxine (Sweeney) Schlink in Peru, Indiana. He grew up in Toledo, OH and on November 23, 1963 he married Shirley Smith. Joseph owned and operated Schlink Painting in Boyne City for over forty years until his retirement. He enjoyed golf, bowling and was a member of the Fraternal Order of Eagles.

Joseph is survived by his children Betty Looze of Traverse City, Barbara Mettig of Charlevoix, Terry Halterman of Dallas, TX and Joseph Schlink, Jr. of Traverse City; grandchildren Robert and Charles Courtright; and brother James Schlink.

He is preceded in death by his parents and brother Austin Schlink. In keeping with Joe's wishes cremation has taken place and celebration of his life will be held at a later date. Family request memorial donations be directed to the Charlevoix County Humane Society. Stackus Funeral Home of Boyne City is serving the family.

Donald F. Matts, 75

(JAN. 30, 1940 - FEB. 20, 2015)

Donald F. Matts of Boyne City passed away on Friday, February 20, 2015 at home. Born on January 30, 1940 in Otsego County, Charlton Township, Don was the son of LeRoy R. and Rose J. (Damer) Matts. The family moved to Boyne City when Don was young.

A lifelong builder, block layer and stonemason, Don was involved in many area building projects over the years. He enjoyed metal detecting and watching old western movies. A guitar player, Don enjoyed older country and blue grass music.

He was preceded in death by his parents and two grandchildren. Surviving are his children, Tina Marie Carter of Boyne City, Laura Rose Tooter of Scotts Hill, TN and Gerard Elliot Matts of Linden, TN; grandchildren, Lauren, Jake, Martin and Sierra; sisters Phyllis Green of Vanderbilt, Mary (Mark) Carson of Fountain Hills, AZ and Patty Hart of Chillicothe, OH; brothers, Robert (Yvonne) Matts, Jerome Matts and James Matts all of Boyne City; nine nephews and four nieces.

Arrangements for a spring memorial service are pending and will be announced later. Those who wish are asked to consider memorial contributions to Don's family.

Arrangements are by Gaylord Community Funeral Home & Cremation Service, 850 North Center Avenue in Gaylord. Please share your memories or personal messages with the family at www.gaylordfuneralhome.com

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News

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OOPS...The forecast for Tuesday was for less than an inch of snow



PHOTO BY M. CHRIS LEESE

Carson Forester of Site Planning of Charlevoix battles the heavy snowfall with several passes along the sidewalks at the Charlevoix Public Library, Tuesday morning.

Run Water

continued from 1A

and streets. So far the only problems reported have been the freezing of some private service leads and pipes in under heated or other areas of buildings that were exposed to cold temperatures.

To avoid the possible inconvenience of customers losing their water supply, possible damage from frozen pipes and the costs of having their services restored, or pipes repaired customers are urged to take this voluntary action. Boyne City will announce through the media and on its websites when this temporary measure can be ended. Customer accounts will be adjusted to offset the additional water used during this period based on previous usage history.

Customers are urged to take special care in the cold parts of their buildings (basements, crawl spaces, outer walls) to avoid the freezing and bursting of pipes. In addition as a further safety precaution the public is asked to help keep snow cleared from around fire hydrants in or near their yards in case disaster strikes and a fire occurs. The buildings or lives you save may be your own or those of your neighbors.

Customers with questions on these matters are urged to visit the Boyne City webpage at www.cityof-boynecity.com or call either 582.6597 or 582.0335 during office hours.

Cooking for Crowds

The Boyne City Housing Commission is sponsoring a Cooking for Crowds class. This program is for non-profit groups and churches that prepare food for their members or for the general public as fundraisers or occasional get-togethers. The curriculum is designed to show the food safety risks that can develop when preparing and cooking large volumes of food and how to reduce those risks. Participants will learn how to prevent unsafe conditions that may

cause foodborne illness when planning, purchasing, storing, preparing and serving food. Participants in the workshops will receive a manual and a food safety participation certificate of completion.

Cooking for crowds is not the same thing as cooking a meal for your family. There are potentially hazardous foods that you may be preparing, and you should know what you need to do to keep them safe for the public. If your volunteers know what to do as far as personal

hygiene and holding temperatures, you'll be on your way to keeping your food safe.

The class will be held Thursday, March 19 1:00-4:00 pm at the Litzenburger Place Community Room, 829 S. Park Street, Boyne City. The cost is \$10 per person. Registration is limited to 25 participants. Please contact Michelle Jarvie, Food Safety Educator, MSU Extension, 906-643-7307 or jarviem1@anr.msu.edu

Hayes Township Park Public Hearing

Charlevoix County's Hayes Township will hold a Public Hearing on Thursday March 5, 2015. The Public Hearing will begin at 7:00 p.m. at the Hayes Township Hall, 09195 Old US 31 N, Charlevoix. The purpose of the hearing is to discuss the 2015 Michigan Natural Resources Trust Fund (MNRTF) grant application for improvement of HayesTownship Park Camp Sea-Gull. Camp Sea-Gull was acquired early last year through MNRTF acquisition grant monies, township funds and public donations. The grant application will ask for funds for the first phase of development: road infrastructure to the lake-front and a launch facility for small boats. The public is welcome and encouraged to come and participate.

"The boat launch and the access road are an important first step," says Hayes Township Parks Committee Member Anne Kantola, "because it will create the foundation for making the park a fun, usable place. It'll get people down to the beach area and into the lake, and will create the "bones" for enhancing the park's utility in the future."

The Hayes Township Master Plan poses many possibil-

ities for future park elements, including non-motorized trail head, swimming beaches, overlook and nature trails, a fishing pier, refurbished recreational hall and cabins, recreational areas and spaces for family and social gatherings. With the assistance of an anonymous donation, the township hired a professional team, Landscape Architects and Planners, Inc., to navigate the complex public process and create a balanced plan that allows for many possibilities for the future development and use of the park, while preserving its natural character. The Master Plan may be found on the Hayes Township website: <http://www.hayestownshipmi.gov>.

In addition, Hayes Township is seeking a person or couple to serve as Park Host, living on site at Hayes Township Park Camp Sea-Gull during the late spring, summer and early fall of 2015 in exchange for light grounds and cabin maintenance, and public interface. If interested, please contact Marlene Golovich, Hayes Township Clerk, clerk@hayestownshipmi.gov or 231-547-6961.

Community Housing Needs forum at Boyne District Library March 12

Northern Homes Community Development Corporation of Boyne City, MI is inviting Boyne City area residents and other interested parties to participate in a Community Housing Needs Forum at the Boyne District Library, 201 E. Main Street, Boyne City, on March 12th, 2015 from 6:00-7:00 pm.

The Housing Forum is being held to generate community discussion about housing needs in Boyne

City. Issues to be discussed include current and future housing needs of the community, and barriers to quality housing for families and seniors.

Jane MacKenzie, the Executive Director of Northern Homes says "The forum will bring together local residents to discuss housing in all price ranges and styles in order to meet the future housing needs of the community of Boyne City."

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News

ONLINE AT WWW.CHARLEVOIXCOUNTYNEWS.COM

BOYNE CITY COMMISSION MEETING, FEB. 24, 2015

Boyne City will apply for Boyne Valley Trailway grants

Norma Jean Babcock

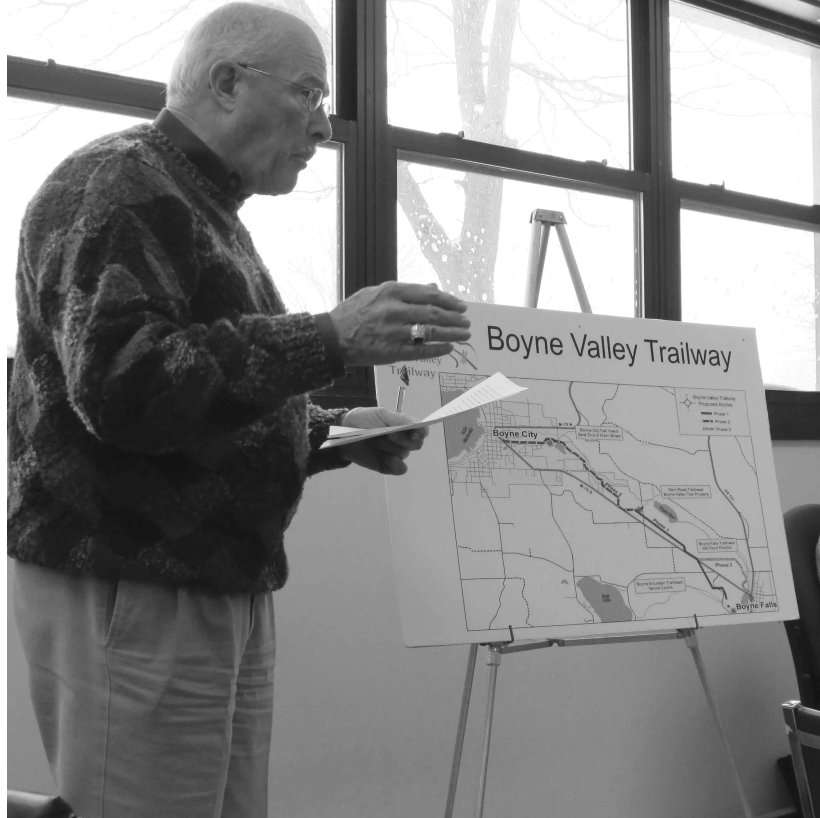
BOYNE CITY: On Tuesday, Boyne City Commissioners gave their support to the Boyne Valley Trailway, a seven mile long non-motorized detached trail that will connect Boyne City to Boyne Falls; and will require grant funding which the City will apply for.

The Boyne Valley Trailway has been under discussion since 2011, when a plan to follow the railroad path that once connected Boyne City to neighboring areas was proposed. The trail will follow the route that the Boyne City, Gaylord and Alpena Railroad traveled during the later part of the nineteenth century toward Boyne Falls. The trail will allow bikers and walkers to connect to Boyne Falls safely without traveling along the road.

The proposal has now switched from a simple idea to a fully fledged plan that will soon hit the construction phase. In order to do so, the Friends of the Boyne Valley Trail have determined a need to apply for grant funding. After approaching the township for help with that however, they realized that Boyne Valley Township is not an Act 51 Government Agency, which is a requirement for both the Transportation Alternatives Grant and Michigan Natural Resource Trust Fund grants. Boyne City is an Act 51 agency, which would allow them to apply for those grants upon the commission approval.

"Basically they are looking for paperwork support in applying for these grants," stated City Manager Michael Cain of the request for support.

The board asked for comments



Mike Shean presented the proposed construction plan for the Boyne Valley Trail on Tuesday, asking commissioners to support the plan by applying for grant funding.

from the audience before jumping in the assist in applying for grants. The majority of the audience felt strongly that the project was a positive one, and that supporting it would be the benefit of not only Boyne Valley Township but also Boyne City.

"I believe this is an important project...it's a good positive thing, and we should assist if we can," stated Andy Kovolski the Streets and Parks Superintendent.

Therefore after a small amount of discussion, the commission chose to support the trail by applying for grants for its construc-

tion.

"This trail way is an economic engine for Boyne City and Boyne Falls," stated Tom Neidhamer.

The construction for the trail will be contingent upon grant acceptance, but could begin as early as this year. According to Mike Shean of the Friends of the Boyne Valley Trail the construction is expected to last several years. Shean also assured the commission, that the entire project will be funded by grants, and by private donation.

Drs. Oz and Roizen

Television's Dr. Oz and Cleveland Clinic's Dr. Roizen report on health, wellness and quality of life.



BEWARE 6 SNEAKY "HEALTH HALOS"

We're all for corporate responsibility and social good, but it seems that as the American waistline expands, so does the distance between those two ideas. Now, a new report reveals the latest marketing trick you should watch for: food and drink products from "socially responsible" companies are enticing you to shell out more money and consume more calories, all while trumpeting their not-so-real virtues. In short, they don't "health halos" that fool you into thinking their products are better for you than those of "lesser" brands. Case in point: A company makes a great 100 percent whole-grain cereal, but adds sugar or high fructose corn syrup to it. Then they advertise it as if the sugar or high fructose corn syrup wasn't tearing up your insides. That's one way health halos can lead you to make false assumptions while getting you to eat more "food felons," like saturated fat and added sugars.

Recent studies showed how people reacted to a snack food they thought came from an ethically minded manufacturer. Study volunteers read information about the supposedly responsible snack-food maker, then estimated the calories in (and ate) cheese crackers from that company. Other volunteers did the same, without hearing the made-up marketing story first. Those who thought their snack came from a responsible company ate significantly more and believed the crackers had significantly fewer calories. So here are a few marketing tricks to be on the lookout for:

The words "organic" and "local": When the Cornell University Food and Brand Lab (run by our friend Brian Wansink) asked study volunteers to estimate calories in organic and conventional cookies, potato chips and yogurt, those who thought they were eating organic treats said they tasted as if they were lower in fat and had more fiber -- and were willing to pay more for them. In reality, they were eating the same foods, with different labels. In an earlier study, munchers estimated that organic cookies contained 40 percent fewer calories. "Organic" simply means "organic." And the word "local" only means "produced in your area." In a University of Florida survey, 17 percent thought

"local" meant "organic," and 22 percent thought it meant the food was made without genetically modified organisms.

Items listed as healthy on fast-food menus ... or at upscale eateries: When study volunteers munched at a sandwich chain they considered healthier than a burger joint, they estimated that calorie counts were 23 percent lower than they really were. And they chose higher-calorie side dishes, drinks and desserts -- erasing the benefits of their "healthy" choice, a recent study found. Some ate 56 percent more calories as a result! Another study found that diners at an expensive health-food restaurant underestimated the calories they thought came from the meal they were eating and overestimated the calories in food from a fast-food joint.

Green-hued labels: Does the color of the wrapper magically make a candy bar healthier? Nope, but in two studies when researchers gave volunteers candy bars with red, green or white labels, the green types were rated as healthier and lower in calories. Amazingly, the calorie levels were listed on the front of all of the bars and were the same.

Fair-trade foods: We're in favor of fair-trade coffee and chocolate from companies that make sure the people who pick and process these foods receive fair wages. But don't let that virtue entice you to overindulge. In one recent California State University study, people rated chocolate they thought was fair trade as lower-calorie than chocolate they thought came from a less-ethical maker.

Performance drinks: A recent University of California-Berkeley study warns that many sports and performance drinks essentially are sugary sodas without the fizz, adding liquid-candy calories to your diet without delivering many benefits. Truth is, most exercisers and weekend athletes don't need special drinks to fuel their workouts, boost their game or turbocharge that 5K speed (water, fruit and nuts should do it). Sweet drinks could boost your risk for heart disease, arthritis and weight gain.

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Metabolism Boosters for Weight Loss

By Deb Hagen-Foley

People sometimes blame their weight on a slow metabolism. Is metabolism to blame or is this just an excuse for overeating?

Metabolism refers to the processes by which your body converts what you consume into energy for immediate use or for storage to use later. Your basal metabolism rate, BMR, is the number of calories needed for your body to function - cell production, blood circulation, respiratory functions, digestion - yes, your body is burning calories throughout the day. Your BMR is impacted by your body composition, your age, and your sex. Larger bodies, particularly more muscular bodies, burn more calories. Men, who usually have less body fat and more muscle, have higher basal metabolic rates. Similarly, as people age they lose muscle mass (unless they work to maintain or increase it) and generally have slower metabolisms.

We can influence our metabolism through activity and strength training. There are also a number of

foods reported to have metabolism boosting powers. Protein-rich foods may increase metabolism. Some good options to increase the protein in your diet: egg whites, lean meat, greek yogurt, fish and shellfish. There are also plenty of good protein choices for vegans: Tofu, tempeh, avocado, nuts and seeds, quinoa, and plant-based protein powders. Milk and cheese are noted for increasing metabolism. Not only do these foods contribute protein, calcium might play a role in helping the body metabolize fat.

Whole grains may help increase metabolism by requiring more energy for digestive processes. Lentils may increase metabolism by providing iron, which can help the body work more effectively. Also, in the interest of increase your metabolism, eat organic fruits, vegetables and grains. The toxins present in non-organic produce place demands on your thyroid, which is largely responsible for the speed of the metabolism.

There are also beverages that can boost metabolism. Green tea is not only a great source of antioxidants.

The active ingredient in green tea, catechin, was shown to increase metabolism in studies of dieters. Five eight-ounce cups a day can burn about 90 calories. In moderate amounts, coffee can lead to a slight increase in metabolism. In large amounts, five or six cups a day, coffee can have the opposite effect, leading to weight gain and increasing the risk of metabolic syndrome. Metabolic syndrome is linked to high blood pressure, high triglyceride levels and large waist size, and increases the risk of diabetes and stroke.

The most important beverage to increase metabolism - water! Drinking 17 ounces of water increased metabolic rate 30% within a few minutes, according to a study in the Journal of Clinical Endocrinology and Metabolism. Also, if you are dehydrated, it becomes more difficult for your body to lose fat. Select an assortment of these foods and beverages and add regular strength training and adequate sleep to speed up your slow metabolism.



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308 South Otsego
Gaylord
989-732-5094

OriginaNails by Shelley
200 Fairview St.
Gaylord
989-732-7100

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Mio Family Dentistry
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Mio
989-826-626

DENTIST

Main Oak Family Dentistry
219 East Main St.
Gaylord
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www.mainoak.com

FITNESS FACILITY

Otsego County Sportsplex
1250 Gornick Ave., Gaylord
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www.ocsportsplex.com

Otsego County Community Center
315 S. Center, Gaylord
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www.otsego-county-parksrec.com

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HOME HEALTH CARE

Health Dept. of NW Michigan
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www.nwhealth.org

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HOSPITALS

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northernhealth.org

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www.cah.org

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Gaylord
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231-547-242
www.central-drug.com

PHYSICAL THERAPY

Jordan Valley Rehabilitation Center
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231-536-1451

Boyne Rehabilitation

Center
197 State St, Boyne City
231-582-6365

SENIOR ASSISTANCE

Otsego County COA
120 Grandview Blvd., Gaylord
989-732-1122
www.otsegocountycoa.org

Crawford County COA
308 Lawndale St., Grayling
989-348-8342
www.crawfordcoa.org

Seniors Helping Seniors

221 E. Felshaw St.,
Gaylord
989-448-8323
www.seniorshelpingseniors.com/
northernmichigan

Charlevoix County Commission on Aging

218 West Garfield St.
Charlevoix
231-237-0103
www.charlevoixcounty.org/coa.asp

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OMH Medical Group - Boyne Valley

2572 North US 131
Elmira
989-731-7700
www.MyOMH.org

News

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BOYNE CITY POLICE DEPT.

MONDAY, FEBRUARY 9

0705 Pickup in the snow-bank on Water near East. No damage.
1304 Request for welfare check in the 400 block of Groveland
1427 Assist EMS in the 400 block of W Ann St.
1742 Assist EMS on W Michigan/John Street.
2248 Found near frozen beagle on Front St at Lake Park Dr.

TUESDAY, FEBRUARY 10

1111 Phone scam reported in the 300 block of McKinley St. Heavily accented male claiming to be from Consumers Energy telling him his power would be cut off in 1 hour if he did not get pre-paid credit cards.
1605 Subject in to report possible disturbance in the 300 block of E Division St
1740 Stray cat reported in the 300 block of E Division St
2145 911 check from a cell phone in the area of the Industrial Park. No problems found.

WEDNESDAY, FEBRUARY 11

1350 Report of possible threats complaint from the 300 block of E Division St
1823 Assisted Fire Dept at lines down on Jefferson.
1931 Arrested subject on warrant
2118 Arrested subject on embezzlement warrant.

THURSDAY, FEBRUARY 12

0818 Parking complaint in alley behind the 100 block of E Water St
0925 Assist School with Drill
1115 Report of harassment in the 300 block of E Division St
1237 Odor of marihuana reported in the 300 block of E Division St.
1245 Report of suspicious situations on Clark St and Lincoln Avenue

FRIDAY, FEBRUARY 13

0030 Assisted MSP with ATL in the 100 block of W. Michigan and the 900 block of Roosevelt
0901 Request for civil standby. Denied
0941 Gasoline drive off from the 1300 block of Boyne Av
1101 Assist Sheriff Dept

with single vehicle personal injury accident on M-75 S
1320 Report of assault in the 1000 block of Boyne Av
1338 Vehicle unlock in the 400 block of N Lake St
2001 Assist MSP and Sheriff Dept with a two vehicle personal injury accident at 131 and Thumb Lake
2043 Vehicle unlock at the Water St. Mall
2208 Juvenile complaint in the 500 block of N Lake St

SATURDAY, FEBRUARY 14

0025 Driving complaint coming into town on M-75 N
0238 Intrusion alarm in the 400 block of N Lake St.
0325 Assist Sheriff Dept. with a rollover on Boyne City Rd in Horton Bay.
0442 Citation issued in the 100 block of Water St for Snow removal parking violation. Vehicle was removed by John's M-55
0454 Assist Sheriff Dept in Boyne Falls for a report of a Domestic assault and possible CSC in progress.
0856 Parking complaint in the 300 block of E Division St
1526 Citation issued for Speed at Lake and North.
1601 Well-being check in the 400 block of N East St
1928 Assist MSP and

Sheriff Dept at Boyne Mountain with a fraud complaint.
2047 Assist EMS in the 500 block of N Lake St.


SUNDAY, FEBRUARY 15

0048 Report of intoxicated subject defrauding an innkeeper in the 100 block of S Lake St.
0532 False alarm on River St
1107 Motorist assist on Front St. Diesel car wouldn't start due to cold
1122 Assist a disabled vehicle on Lake near Main. Pushed them out of the road.
1215 Citation issued for Expired Plate at East and River.
1250 Wallet found in Family Fare parking lot. It was later returned to owner.
1820 Arrested subject for no insurance. Citation also issued for expired registration at Lake and North
2010 Juvenile complaint in the 300 block of Silver St
2050 Alarm in the 500 block of W Michigan Ave.
2105 Arrested subject for OWI High BAC in the 300 block of N Park St.
2313 Report that the temporary stop sign on Main St. at Boyne Ave. was turned side-ways. Straightened it out.

CHX. COUNTY SHERIFFS DEPT.

February 16-22

911 Hang Up Call.....	3
Abandoned Vehicle.....	1
Abuse.....	1
Alarm.....	6
Animal Complaint.....	5
Annoyance.....	0
Assault.....	3
Assist Citizen.....	4
Assist Motorist.....	3
Assist Other Agency.....	11
Attempt to Locate.....	6
Attempted Suicide.....	1
Bank Alarm.....	0
Boating Accident.....	0
Boating Violation.....	0
Breaking & Entering.....	0
Car/Deer Accident.....	3
Citations Issued.....	11
Civil Complaint.....	2
Criminal Sexual Conduct.....	0
Death.....	0
Disorderly Person.....	0
Disturbance.....	2
DNR Complaint.....	0
Domestic Dispute.....	1
Driving Complaint.....	3
Fireworks Complaint.....	0
Found Property.....	0
Fraud.....	2
Health & Safety.....	0
Hit & Run.....	0
Intoxicated Person.....	0
Juvenile.....	0
Larceny.....	0
Lockout.....	6
Lost Property.....	0
Malicious Destruction of Property.....	0
Mental Subject.....	0
Minor In Possession.....	0
Miscellaneous Criminal.....	0
Missing Person.....	0
Noise Complaint.....	0
Operating Under the Influence.....	1
Paper Service.....	19
Parking Violation.....	1
Personal Injury Accident.....	0
Personal Protection Order.....	0
Private Property Accident.....	4
Property Check.....	29
Property Damage Accident.....	9
Prowler.....	0
Road Hazard.....	3
Stalking.....	0
Suspicious Situation.....	5
Threat.....	1
Traffic Stop.....	14
Trespassing.....	1
Unknown Accident.....	0
Unlawful Driving Away of Automobile.....	0
Vehicle in the Ditch.....	8
Violation of Controlled Substance Act.....	1



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Rayders win District Volleyball Title...Pg 2B

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YOUR SOURCE FOR LOCAL NEWS & SPORTS
BOYNE CITY, CHARLEVOIX, EAST JORDAN, ELLSWORTH AND SURROUNDING AREAS

East Jordan State of the Community Luncheon

By Tim Sundell

EAST JORDAN—East Jordan is heading in the right direction and its future is bright was the message members of the community walked away with after hearing four keynote speakers discuss the status of the city, schools, and DDA at East Jordan's State of the Community Luncheon Tuesday, November 11.

An air of optimism filled the Harvest Barn hall as 26 East Jordan High School seniors and other members of the community listened intently to Mayor Russell Peck whose speech focused on the challenges and infrastructure improvements that still lie ahead for the city. "All in all things are looking up, we're heading in the right direction. Together we will position our community for a resilient and sustainable future. Indeed, East Jordan's future is bright," he concluded.

Peck not only talked about all that the city has accomplished but emphasized the infrastructure improvements needed to accommodate new growth. "We are very optimistic about the future of our community and that optimism comes from the exciting new direction we have been heading," he said. He cited the city's sewer system that is already operating at 98%

capacity, sidewalks, and sea-pillings to be installed at the southwest side of the harbor next to the bridge in harbor construction to begin in December) as projects that will further enable the city to grow. He mentioned the new well house (already up and running), the now open 24.7 recycling center and the \$12,000 kayak facility in the park which he stated presently "looks like an art project." "We are developing the kind of community we envision for future generations. There is a positive beat energy," he said.

See State of the Community—11A

SPORTS

BOYNE CITY 47 NEGAUNEE 0

District Champs!

Boyne City's Luke Sage (2) follows an opening for another big gain. Sage finished with 63 yards on nine carries and a touchdown. Full Story in Sports. (PHOTO BY CHRIS DRUMMAKER)

Boyne Area Community Christmas

"That no child in the Boyne area be without a Christmas"

Over the last 60 years your generous donations ensured thousands of Boyne area children had a merrier Christmas.

With the holiday season approaching we, the volunteers of Boyne Area Community Christmas, are asking for your support. All of your donations are greatly appreciated and can be in the form of non-perishable food items, new unwrapped toys, games or books. If you would like to donate monetarily, please make checks payable to Boyne Area Community Christmas and send them c/o Eleanor Wood, Treasurer at 915 Robinson Street #15, Boyne City, MI 49712. All donations can be dropped off at the Boyne City Education Center by using the Pine Street entrance. We will be accepting donations from November 19 until December 19, 8am to 4pm.

If you need any additional information, please contact Ruth Wierski at (231) 562-3152 or (231) 758-2787. If you would like to submit the name of a child in need, please contact Nancy Hosmer at (231) 582-7246.

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Grand Valley State University Dean's List

Grand Valley State University announces the names of students who were placed on the dean's list for the Fall 2014 semester concluding in December. The list includes those students who have maintained a 3.5 grade point average and been enrolled in a minimum of 12 credits. The honor is noted on the students' official records.

Grand Valley is dedicated to providing a rich learning environment for students, offering a wide range of majors and hands-on research opportunities. Highly credentialed and responsive faculty and individual advisors and mentors promote a liberal arts emphasis that teaches students critical thinking and problem solving skills.

Students honored for the fall semester include:

Alanson: Skyler J. Morgan

Beaver Island: Kelsey M. Corr

Boyer City: Caleb S. Laskowski; Mackenzie A. Macksey; Katelyn M. Stolt;

Jeffery G. VanHove; Amanda J. Welborn

Boyer Falls: Kristen L. Matelski

Carp Lake: Claudia R. Alexander

Charlevoix: Cohen R. Betker; Sydney E. Carlson;

Lynzie M. Gotshall; Lacey M. Greene; Allison R. Hankins;

Jenna R. Kirby; Matthew R. Murray; Megan M. Peters; Jarod M. Reibel;

Kelsea M. Stevens; Corbin T. Turkelson

Cheboygan: Mariah A. Agee; Michelle A. Beard;

Kayla M. Blaskowski;

James R. Crusoe; Blake A. Ferris; Ashley E. Godin;

Megan E. Kuznicki; Jessica K. Smith; Nicole A. Stempky; Julia J. Sturvist;

Ricci P. Swiderek

East Jordan: Tyler R. Hines; Steven S. Senglaub

Elmira: Brooke E. Long

Gaylord: Emily A. Butcher; Breeanne M. Eckstein;

Chelsea N. Fox; Leah M. Hazlett; Sydney M. Johnston;

Leah R. Marshall; Sterling S. McPherson; Natalie C. Weaver

Grayling: Samantha L. Bidwell; Brooklynn M. Golic;

Naomi L. Kolka; Andrea M. Malm; Andrew J. Robbins

Indian River: Bobbee J. Papi

Johannesburg: Kelsey M. Neuberger

Levering: Madeline J. Buntin

Mancelona: Dustin D. Derrer; Lekiesha J. Nichols

Mio: Shelby R. Booth; Mikayla O. Smith; Micah L. Thomey; Trenton L. Vaughn

Pellston: Carly M. Crossley

Petoskey: Ellen M. Audia; Curtis A. Clark; Nathan L. Cook; Lauren E. Crane;

Chase M. Donakowski; Noah D. Fettig; Joanna M. Hayes; Jayme P. Larson;

Vanessa A. Matelski; Elena J. Ongaro; Danielle N. Paquette; Madison M. Prescott;

Joseph P. Robbins; Nichole M. Schlueter; Madison L. Tefo; Tyler C. Van

Werden; Alexandra L. VanSlembrouck

Wolverine: Katherine M. Pionk

Boyer Falls High School

Student of the Week



Morgan Weldon

Grade: 12

Parent(s): RRuth and Mike Milks

FUTURE PLANS/GOALS: Hannah plans to study Cardiac Sonography

Favorite Book: Looking for Alaska, by John Green

School Activities: Working with the 4th grade class

Hobbies and Interests: Art and playing with her dog

Staff Comments:

"Hannah is a wonderful young lady and student at Boyne Falls Public School. She has been busy planning for college, applying for scholarships, working after school, all while continuing to maintain top grades. She is highly valued in the fourth grade class where she assists students in their homework and activities while being a positive role model. Hannah is self-directed, motivated, and has created some AWESOME artwork this year in her advanced art class. She is a kind-hearted individual who will be missed in our school after graduation. We wish her much success as she continues her education at Kirtland Community College next fall in the Cardiac Sonography program." – Melissa McGuiness

Boyer Falls Elementary School

Student of the Week



JT (James) Greenier

Grade: 3

Parent(s): Nelson and Lisa Greenier

What do you want to be when you grow up? I want to be in the Army and drive a tank.

Favorite Book: My favorite book is The Butter Battle Book by Dr. Seuss.

School Activities: At school, I like math and gym class.

Hobbies and Interests: I like playing soccer, baseball, basketball, karate, and snowboarding.

Staff Comments:

" JT is kind to everyone! He is always ready to lend a helping hand. He is an extremely hard worker and loves to learn. I'm am proud of JT each and every day." – Mrs. Meier, 3rd Grade Teacher

Simple request to Sherm Poppen of Muskegon in 1965 led to today's sport of snowboarding

A SIMPLE REQUEST (1965)

While the family, of course, didn't know it at the time, Nancy Poppen of Muskegon, Michigan was three days away from giving birth to their third child. One thing, however, was certain: She needed a nap.

She asked her husband, Sherm, to take their two girls outside so she could get some rest. It was Christmas Day 1965, and Wendy and Laurie were celebrating the joys of the holiday rather loudly.

That simple request would, ultimately, change the winter sports landscape.

"...IT WAS A REAL GOOD TIME."

The Muskegon shore line had been blanketed with a fresh, thick layer of powdery snow that Christmas Eve. To the disappointment of Sherm's daughters, the blades on the sled he had pulled out were cutting through the snow and into the sand dune that sat behind the family home. Sherm returned to his workshop, grabbed a pair of kid's skis and fastened them together, quickly creating a makeshift toy that he hoped would keep his girls entertained.

"The next thing I know, the kids aren't sitting on it, they're standing on it," recalled Poppen some fifteen years later, "and I wanted to stand on it. And it was a real good time."

SNURFING

Over the next few days, Sherm chose to tinker with the idea. Visiting the area thrift shops, he picked up some old water skis, aiming to allow the rider better balance while standing on the board and traveling down a hill.

Wendy, especially, loved testing out her Dad's creations. Sherm's boards quickly became the hit of the neighborhood.

At the suggestion of Sherm's father, a rope was connected to the nose of the board. That way, a rider didn't have to chase the board down a hill if he or she fell off. Nancy came up with a name for the toy. She called it "the Snurfer," a term that partnered snow with surf. The run down the hill she called "Snurfing."

"NOW YOU CAN SURF IN THE SNOW" (1966)

Once satisfied with the design, Sherm Poppen contacted some friends at Brunswick Corporation. The company saw promise in his invention and decided to bring it to market. By Christmas Day 1966, it was available for purchase across America.

"Snurfer – Now you can surf in the snow," proclaimed advertising headlines in various publications. Measuring four feet long and seven inches wide, the plywood board featured a distinctive yellow and black-striped enamel finish and retailed for \$6.88.

WORLD SNURFING CHAMPIONSHIPS (1968-1973)

In 1968, a fraternity at Muskegon Community College announced plans to host the first annual World Snurfing Championship at Muskegon State Park.

as real engineers would. Discovering different kinds of engineering careers can potentially influence a child's career choice and help shape the nation's future workforce.

Engineer Day is an extension of the current STEM (Science Technology Engineering Math) To Go outreach program that Raven Hill Discovery Center is presenting at area schools, thanks to grant awards from

Charlevoix County and Petoskey-Harbor Springs Area Community Foundations. Engineer Day is open to the public and no appointment is needed. The hands-on museum and animals will also be available for exploration, as usual.

General admission is \$10 per person. For more information, call Cheri at 231.536.3369 or email info@ravenhilldiscoverycenter.org

Registration that first year was only open to students from the college. Over two hundred spectators came out on a sunny Sunday afternoon to watch the fun. In 1969, the public at large was invited to compete in an expanded version of the event. This time, a crowd of over one thousand watched the fun at the state park. The 1970 championships drew a crowd estimated at six hundred.

But by 1973, Brunswick opted to get out of the business. JEM Corporation, comprised of three former employees of Brunswick, took over manufacture of the boards and refocused marketing of the boards toward a maturing demographic.

MORE COMPETITIONS (1973-1978)

JEM promoted competitions, while continuing to tinker with the board design. In 1978, the company announced \$1,000 in prize money, spread among the top five finishers, as co-sponsor of the Muskegon Community College championships. Jim Trim of Grand Haven won \$400 as the top finisher of the day, while Tom Pushaw – also from Grand Haven – grabbed \$250 for finishing second.

The competition had been pushed from January into February due to blizzard conditions along the lake shore, but JEM officials were nonetheless impressed by the results. JEM announced continued sponsorship and planned promotion of snurfing contests across the nation.

CHANGES (1979)

The 1979 competition set in motion broad changes in the sport. Among the registrants for the 1979 competition at Muskegon State Park was a visitor from Vermont. Catching organizers off guard, the twenty-four-year-old wanted to compete riding a board of his own design.

Jake Burton Carpenter started the Burton Corporation in 1977. Competition organizers were in a quandary. If Carpenter won the competition riding his own board, it certainly wouldn't please JEM, the manufacturer of the Snurfer and sponsor of the event.

Carpenter's board design was fundamentally different from the Snurfer in that it allowed the rider to bind his front foot to the board via a rubber strap. The board also featured skis to assist in control. Officials, in the eleventh hour, decided to split the competition into two. Carpenter would compete in an open division, for boards judged as non-regulation Snurfers. All riders of Snurfers competed in the Standard Division.

Ken Kempenga of North Muskegon won the Standard competition and received a \$500 prize. Carpenter won the Open competition and earned \$200 on the 312-foot course. To the relief of organizers, Kempenga's downhill times topped Carpenter's.

MONOSKIING

A March 1979 piece in the New

News Briefs

ONLINE AT WWW.CHARLEVOIXCOUNTYNEWS.COM

BOYNE CITY

Friday Night Film Festival at Boyne Library

The Friends of the Boyne District Library are starting a new Friday Night Film Festival with showtimes at 6:30 p.m. Snacks are available for a donation. Feb. 27: The Gun in Betty Lou's Handbag, A librarian, a gun, a comedy (1992, PG).

BOYNE CITY

Pure Michigan Connect Luncheon Workshop

Pure Michigan Business Connect is hosting a luncheon workshop that will help you connect your business to other Michigan businesses using www.puremichiganb2b.com; improve your buying and selling opportunities; and provide opportunities for free business services through Pure Michigan Business Connect. NLEA staff will also be available directly following the workshop to provide one-on-one assistance to enhance your PMBC listing and request PMBC services. Friday, February 27, 12-1:30pm, NLEA office, 1313 Boyne Avenue. \$10 per person. RSVP (231) 582-6482 or info@northernlakes.net.

EAST JORDAN

A Night In At Wagbo; The Real Heroes of Telemark

Friday, February 27th, 6:30pm, at the Martha Wagbo Farm & Education Center in East Jordan. This BBC documentary tells the true story of the secret mission of a few WWII Allied saboteurs sent to Norway in the dead of winter to foil the Nazi's plans of creating an atomic bomb. Approximately 75 minutes. Part 2 of The Real Heroes of Telemark will be shown the following Friday, March 6th, at 6:30p. FREE. Call 231-536-0333, email info@wagbo.org or find us

on facebook to RSVP or for more information. Popcorn and hot cocoa will be available (by donation).

EAST JORDAN

Friends of Wagbo Sugarbush: "Sugaring & Soup" Workdays

Saturday, February 28th, 11am, at the Martha Wagbo Farm & Education Center in East Jordan. On-going workdays on Saturdays starting now and continuing through the Maple Sugaring Season (and serving hot soup!). FREE. Call 231-536-0333, email info@wagbo.org or find us on facebook to RSVP or for more information.

EAST JORDAN

Stitch 'n' Wine at Wagbo

Wednesday, March 4, 6-9pm, at the Martha Wagbo Farm & Education Center in East Jordan. 1. Join others who share a love of handcrafted things. 2. Bring your own current project. 3. Cultivate community while you work! (4. Bring along a fingerfood or beverage to share, only if you wish.) FREE. Call 231-536-0333, email info@wagbo.org or find us on facebook to RSVP or for more information.

CHARLEVOIX

First Friday Business Breakfast

Friday, March 6, 7:30-8:30am. Smoke on the Water. \$5 for members, \$7 for non-members. Come and enjoy a great breakfast and network with your fellow chamber members.

EAST JORDAN

East Jordan Public Schools Extravaganza

The second annual EJPS Extravaganza, a guaranteed fun fundraiser benefiting East Jordan Public Schools, will take place Saturday, March 7 from 5:30 to 11pm at Castle Farms. The Extrava-

ganza features a complimentary Happy Hour from 5:30-6:30 sponsored by The Landings restaurant, Good Eats, Cash Bar, Dance Band The Cookies, Fun and Games, Silent and Live Auctions, a Photo Booth and Free Child-care. Tickets are \$50 per person, available at all EJPS School Offices or by phone. Sponsors, Donations, Volunteers appreciated. For complete details go to www.Facebook.com/EJPS X. For tickets, to donate, or volunteer, call call 231-536-2259.

EAST JORDAN

Business After Hours

March 12, 5 - 7pm, Jordan River Arts Council.

BOYNE CITY

Community Housing Needs Forum

Boyne District Library, 201 E. Main Street, Boyne City, on March 12th from 6:00-7:00 pm.

BOYNE CITY

Friday Night Film Festival at Boyne Library

The Friends of the Boyne District Library are starting a new Friday Night Film Festival with showtimes at 6:30 p.m. Snacks are available for a donation. March 13: The Sapphires, a comedy/drama, great music from 1968 (2013, PG-13).

EAST JORDAN

Hoops for Hope

The annual Hoops for Hope Basketball Game will be held in the East Jordan High School Gym on Saturday, March 14 at 6:00 PM. Please join us to watch the East Jordan Teachers take on the East Jordan Coaches. Bake Sale, Concessions, Raffles and More!! Fun for the whole family. Proceeds support the Charlevoix County Relay for Life

CHARLEVOIX

Charlevoix Chamber of Commerce Business Expo and Taste of Charlevoix

The 5th Annual Charlevoix Chamber of Commerce Business Expo and Taste of Charlevoix, taking place at Castle Farms on Thursday, March 19, 2015, from 4:00 - 7:00pm. \$5 admission.

BOYNE CITY

Friday Night Film Festival at Boyne Library

The Friends of the Boyne District Library are starting a new Friday Night Film Festival with showtimes at 6:30 p.m. Snacks are available for a donation. March 27: The Love Punch, Some British froth from Emma Thompson and Pierce Brosnan (2014, PG-13).

EAST JORDAN

Business After Hours

April 16, 5 - 7pm, The Zone Sport Lounge. Sponsor; Coldwell Banker Schmidt of East Jordan

NORTHERN MICHIGAN

Junior Achievement volunteers

Junior Achievement's local Board of Directors is looking for volunteers that would like to share their leadership skills to increase the growth of Junior Achievement programs in area schools. For more information on numerous opportunities, contact the area's District Director Mark Pankner at janso@ja.org or call 231-582-4660.

BOYNE CITY

Boyne Volunteer Network

Boyne volunteer network is a joint project of the Boyne District Library, Boyne City Main Street Program and the Boyne Area Chamber of Commerce. It's easy to participate - just go to

www.boynevolunteers.org and fill out the application form, which will tell us your skills, interests and contact information. We will contact you later about volunteer opportunities that may interest you. If you have questions or would like to learn more about how to include your organization and volunteer needs in this new network, contact Monica Kroondyk at the Boyne District Library by phone at 231-582-7861 or by email at kroondykm@boynelibrary.org.

EAST JORDAN

Christian coffee house

Open Door Christian coffee house will be held every first and third Saturday at the East Jordan Community Center on Main St. Refreshments are available; free coffee and a small charge for pizza and soda. We have a lot of wonderful talent right here in northern Michigan. Great fellowship, everyone is welcome to come

NORTHERN MICHIGAN

Playgroups

Playgroups for children 0-60 months and their preschool aged siblings are offered free through the Women's Resource Center of Northern Michigan. Playgroups will help you find out more about your child's developmental stage; learn new games and activities to play with your child; and share ideas, parenting experiences and concerns with the playgroup facilitator and other parents. This fall/winter, Playgroups are held: 9:30-11am Tuesdays at Jordan Valley District Library Community Room, East Jordan; 9:30-11am Wednesdays at United Methodist Church, Alanson; 9:30-11am Thursdays at Christ Lutheran Church, Boyne City; 9:30-11am Fridays at United Methodist

Church, Petoskey. Call (231)347-0067 or visit wr-cnrm.org for more information.

CHARLEVOIX

Messy church

This is a fun way of doing church for families. There are crafts, Bible stories learning about the God who loves you, songs, and free meal. Children must be accompanied by parent or adult. This is a non-denominational event which takes place on the first Sunday of each month at 4 - 6 pm at the Charlevoix United Methodist Church, 104 State St. Your call is appreciated for meal count at 547-2654.

CHARLEVOIX COUNTY

Seniors ride free

Residents aged 60 and over will now be able to ride the Charlevoix County Transit free of charge within Charlevoix County. Seniors please contact the Charlevoix County Transit for your ride at 231-582-6900. This program is made possible through the cooperation of the Charlevoix County Commission on Aging and the Charlevoix County Transit.

CHARLEVOIX

Story time

Weekly Story Time is hosted every Thursday at 10:30am and all children and their parents or care givers are invited to attend. Story Time at the Charlevoix Library is geared towards children birth to five years old. Ms. Laura, story teller extraordinaire, reads stories, sings songs, interacts with finger plays, and sometimes even dances with the kids.

Charlevoix County News Classifieds

Place a 10 Word Classified Ad in the Charlevoix County News for only **\$2.00** Addl. Words 20¢ Each

Fill Out and Mail To: **Choice Publications, PO Box 382, Gaylord, MI 49734** or Place your classified online at **www.CharlevoixCountyNews.com** or Place your ad by phone at **989-732-8160** or e-Mail: **Office@CharlevoixCountyNews.com**

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News

ONLINE AT WWW.CHARLEVOIXCOUNTYNEWS.COM

Toast to Literacy enhances youth reading

Norma Jean Babcock

On February 21 members of the community gathered at the Castle Farms to support area children and enhance their reading abilities at the "Toast to Literacy" event held by the Char-Em United Way.

The event works to support the Dolly Parton Imagination Library Program, which helps children from ages 0-5 to receive a book each month to help them adopt healthy reading habits. These books, which are age appropriate, are sent directly to the home of children and cost nothing for parents. The aim of the project is to get children reading from a young age, making them more successful in school and life in general.

The United Way hosts this event to gather money for the books, which they feel go a long way toward enhancing children's self esteem and boost their confidence. The event features wine and beer from local breweries, as well as silent auctions and live music. This is the second year that the Char-Em United Way has hosted the event.

The evening was filled with people celebrating a beautiful cause, and it drew quite large crowd. Vendors from all over Northern Michigan, including Traverse City catered to the crowd, who were able to enjoy the music by a live band, as well as win through the various silent auctions.

Though the numbers of how much the event raised and how many books this event will be able to purchase are not in, the Char Em United Way expressed that the event was a success.



First-time attendee, Jennifer Rigby of Harbor Springs (right) samples a Venezuelan dish served by Adam and Jill Kline of Pigs Eatin' Ribs of Charlevoix. PHOTO BY M. CHRIS LEESE



Live music brings a festive atmosphere to the party Saturday night as the patrons sample foods and refreshments during the Taste to Literacy event at Castle Farms. PHOTO BY M. CHRIS LEESE



Mary Pierce of Traverse City (left) and Kevin Weller of Cheboygan lift their glasses in fun during the Toast to Literacy fundraiser where food and beverage vendors from across the area bring their best to the party in support of the Dolly Parton reading program. PHOTO BY M. CHRIS LEESE



Barb and Doug Hall of Charlevoix browse through the silent auction items at the Toast to Literacy event Saturday at Castle Farms. Doug is a board member for the Char-Em United Way and the couple is happy to attend the annual fundraiser. PHOTO BY M. CHRIS LEESE

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Hard to find DIESEL. 4WD, 116 K.
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2012 DODGE GRAND CARAVAN
Stow-N-Go, very nice. 25 MPG.
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2011 CHEVY SILVERADO 4X4
Seats 6, ext. cab, very clean.
AS LOW AS \$249 A MONTH



2012 FORD TAURUS SEL
Hard to find AWD, one owner. Beautiful car.
AS LOW AS \$224 A MONTH



2011 FORD TAURUS.
One owner, nice.
AS LOW AS \$199 A MONTH



2002 TOYOTA RAV 4 L
4WD, moonroof.
AS LOW AS \$199 A MONTH



2010 FORD TRANSIT CONNECT
Roof rack, lots of cargo room with good MPG.
AS LOW AS \$199 A MONTH



2008 FORD EXPLORER 4X4
Leather, SYNC, DVD, Pwr. moonroof, tow pkg, 3rd row seat, even power running boards.
AS LOW AS \$249 A MONTH



2005 CHEVY SUBURBAN LT
4WD, leather, 3rd row seat, tow pkg, power moonroof.
AS LOW AS \$199 A MONTH



2011 DODGE RAM 1500 CREW CAB
Seats 5. Great truck.
AS LOW AS \$199 A MONTH



2012 FORD FOCUS
36 MPG, nice car.
AS LOW AS \$199 A MONTH



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2007 FORD RANGER
Auto, air. Just \$599 down and payments
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Leather, loaded.
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News

ONLINE AT WWW.CHARLEVOIXCOUNTYNEWS.COM

BOYNE CITY COMMISSION, FEB. 24, 2015

Boyne City residents to begin receiving new electric meters

Norma Jean Babcock

BOYNE CITY: Soon enough residents of Boyne City and those who have Consumers Energy will see men in brightly colored garb changing their meters as part of a meter replacement program that is updating the technology of meters to become more effective.

The replacement program is part of an initiative that started in 2012 in the State of Michigan has been successful in over 400,000 homes from Muskegon toward the Mackinac Bridge. The meters, which currently require manual assistance, will be changed to upgraded meters that send messages to Consumers Energy alerting them to usage, power outages, and other issues without having to have a person on site.

According to Dennis McKee of Consumers Energy who informed Boyne City Commissioners of the upgrades, these changes will help restore power to customers more quickly and enable customers to view their usage more easily. The new meters work on a cellular style frequency, sending messages each



Meters like these will be upgraded in coming months to more efficient meters that will send messages electronically instead of requiring manual readings.

night to the plant notifying Consumers of the usage. This usage can then be tracked by both the customer and the company.

Benefits of these upgrades are numerous according to McKee, who explained that the meters will now notify the company of power outages so that customers are no longer forced

to call in when their power goes out. This also means that for those not home during power outages, a message will be sent allowing the company to restore power to homes they may not have known were out of power.

According to Consumers information, the upgrades will be free to all customers, and cus-

tomers will be notified 30 days prior to the upgrade that someone will be coming to perform the swap. In addition to the advanced notice, the technician will come to the door the day of the swap to inform the house owner of what is happening.

Consumers Energy states that those interested in maintaining their current meter are allowed to do so, but that additional charges will be added for the manual labor those meters require. According to their statistics, only "one half of one percent" of their customer base has chosen to stick with older meters.

Additionally, after being asked by Commissioner Sansom at the meeting, McKee assured those present that the meter swap would not cause an electrical surge, and that no appliances will be effected on the day of the change. However, power will be out for several minutes.

For those interested in learning more about the upgrade they can contact Consumers Energy at 888-862-2199 or visit www.ConsumersEnergy.com/smartenergy.

A Night In At Wagbo; The Real Heroes of Telemark

Friday, February 27th, 6:30pm, at the Martha Wagbo Farm & Education Center in East Jordan. This BBC documentary tells the true story of the secret mission of a few WWII Allied saboteurs sent to Norway in the dead of winter to foil the Nazi's plans of creating an atomic bomb. Approximately 75 minutes. Part 2 of The Real Heroes of Telemark will be shown the following Friday, March 6th, at 6:30p. FREE. Call 231-536-0333, email info@wagbo.org or find us on facebook to RSVP or for more information. Popcorn and hot cocoa will be available (by donation).

"Sugaring & Soup" Workdays

Saturday, February 28th, 11am, at the Martha Wagbo Farm & Education Center in East Jordan. Ongoing workdays on Saturdays starting now and continuing through the Maple Sugaring Season (and serving hot soup!). FREE. Call 231-536-0333, email info@wagbo.org or find us on facebook to RSVP or for more information.

Friday Night Film Festival at Boyne Library

The Friends of the Boyne District Library are starting a new Friday Night Film Festival with showtimes at 6:30 p.m. Snacks are available for a donation. Feb. 27: The Gun in Betty Lou's Handbag, A librarian, a gun, a comedy (1992, PG).

Find resale bargains and one-of-kind items at the Bergmann Center Resale Shop

By Jim Akans

Many Northern Michigan residents are familiar with the outstanding opportunities provided by the ongoing work of the Bergmann Center in Charlevoix. The staff at the non-profit Center assists in building life skills for individuals with developmental disabilities, with programs that include on-site job training and employment opportunities, volunteer opportunities, community awareness, daily living skills and enrichment classes.

In August of 2010 the Bergmann Center opened a fantastic Resale Shop located right next to their main facility on Ance Road, offering terrific bargains on resale goods ranging from clothing, furniture and other household items, to one-of-a-kind new products created by local individuals.

The shop has many exciting products made by individuals at the Bergmann Center; such as fire starters from recycled mate-



The Bergmann Center Resale Shop is located at 8888 Ance Road in Charlevoix, and is open Tuesday through Saturday from 9 am to 4 pm. COURTESY PHOTO

rial, furniture painted by a local woman artist, gazing balls made from recycled bowling balls adorned with donated stained glass, items from clay, handmade jewelry, love lights made with clear stained glass and candles, and much more.

In addition to a lot of great merchandise, the Bergmann Center Resale Shop also offers a great place for individuals in the Center's program to learn skills on the job, such as running a cash register and processing inventory. These are valuable skills



Find terrific bargains on resale goods ranging from clothing, furniture and other household items, to one-of-a-kind new products created by local individuals. COURTESY PHOTO

that will continue to provide rewards for these individuals for years to come.

The Bergmann Center Resale Shop is located at 8888 Ance Road in Charlevoix, and is open Tuesday through Saturday from 9 am to 4 pm, and the staff accepts item

donations during those hours as well.

For additional information call (231) 547- 9624 or visit www.bergmanncenter.org and follow the Resale Shop link.

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Furniture Donations Needed Now

All proceeds go to purchasing food for our food pantry



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231-588-2208

TUESDAY – Spin the wheel for a Deal!!!!

WEDNESDAY – 50% off all Clothing

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FRIDAY – Buy 1 get 1 free on selected item of the day

SATURDAY – Fill a bag of clothing for \$5.99



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231.547.9624

www.bergmanncenter.org

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Hidden Treasures

Northern Michigan Treasure Hunter's Guide to area antique, consignment, resale and thrift shops

<p>CHARLEVOIX</p> <p>Bergmann Center Resale Shop 8888 Ance Road, Charlevoix 231-547-9624 www.bergmanncenter.org</p> <p>Kelly's Antiques & Furniture Barn 06176 Old US 31 S., Charlevoix 231-547-0133 www.dkellyantiques.com</p> <p>EAST JORDAN</p> <p>Crossroads Resale Shop 205 Water Street., East Jordan 231-536-7606 Open Tuesday thru Saturday</p>	<p>ELLSWORTH</p> <p>Good Samaritan Furniture & More Store 6519 Center St., Downtown Ellsworth 231-588-2208 thegoodsam.org</p> <p>Good Samaritan 9746 Main Street, Ellsworth 231-588-2208 thegoodsam.org</p> <p>FREDERIC</p> <p>Pineview Military Surplus 7328 Old 27 North, Frederic 989-348-8300</p>	<p>GAYLORD</p> <p>A-2-Z Resale 1829 Old 27 South, Gaylord 989-732-9500</p> <p>Angels at Work Resale 1523 S Otsego Ave., Gaylord 989.448.8615</p> <p>Goodwill Retail and Donation Center 1361 Pineview Dr. (near Lowes), Gaylord 989-705-1747. www.goodwillnmi.org</p> <p>Salvation Army Family Store 919 S. Otsego Ave., Gaylord 989-448-2357</p> <p>Homespun Antiques & Crafts 230 West Main Downtown Gaylord 989-731-4305 Mon – Sat 10-5, Sun Noon - 4</p>	<p>GRAYLING</p> <p>The-Brickery.com <i>Two floors of treasures</i> 107 Ottawa, Grayling, One block north of the light 989-348-8999</p> <p>HARBOR SPRINGS</p> <p>New Beginnings Thrift Shop 650 W Conway Rd., Harbor Springs 231-348-2980</p> <p>MANCELONA</p> <p>Mancelona Food Pantry & Resale Shop 201 N. Maple St., Mancelona 231-587-9606</p>	<p>MIO</p> <p>Strawberry Patch Downtown Mio 989-826-1503</p> <p>PETOSKEY</p> <p>Goodwill Retail and Donation Center 1600 Anderson Rd., Petoskey 231-348-6947 www.goodwillnmi.org</p> <p style="text-align: center;">To add your business listing to this directory call 989-732-8160</p>
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Charlevoix County Commission on Aging

"The mission of the Charlevoix County Commission on Aging is to provide the highest quality senior services in partnership with the community. We focus our efforts on advocacy and support for seniors and their caregivers by promoting health, wellness, and education to achieve a dignified and enriched quality of life."

218 W. GARFIELD ST.,
CHARLEVOIX, MI 49720

Phone: (231) 237-0103,
Toll Free: (866) 428-5185
Fax: (231) 237-0105

Office Hours:
Monday - Friday 9AM-5PM

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Richard Fish, Chair
Ruth Gee, Vice-Chair
Suzanne Carlson, Secretary
Richard Gillespie, Board Liaison
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and Jerry Kelts

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Shirley Gillespie, Director
Theresa Graham, Receptionist
Jolynn Michel, Database
Tracey Rupinski, Clinical Manager

LOCAL SENIOR CENTER CONTACT INFORMATION

Beaver Island Center:
Ann Partridge
26215 Main St, Bl, 49782
231-448-2022

Boyne Area Senior Center:

Terri Powers
411 E. Division, PO Box 964
Boyne City, MI 49712
Phone: 231-582-6682

Charlevoix Senior Center:

Nona Jadwin
06906 Norwood Road
Charlevoix, MI 49720
Phone 231-547-5361

EJ Community Center

Brenda Skop
116 Main Street,
East Jordan, MI 49727,
Phone: 231-536-7831

THE COA OFFERS THE FOLLOWING SERVICES:

- Congregate Meals
- Foot Care Management
- Emergency Communication Devices
- Home Delivered Meals
- Homemaker Services
- In-Home Respite
- Information & Referral
- Medicare D Counseling
- Medication Management
- Personal Care Assistance
- Project Lifesaver
- Senior Hi-Lites Newsletter
- Tax Assistance
- Volunteer Opportunities

WEBSITE ADDRESS:

www.charlevoixcounty.org/coa.asp

AREA MARCH HAPPENINGS

3/7, 14, 21, 28, Saturdays, 9am - 1pm

BOYNE CITY FARMERS' MARKET

In the Red Barn next to the Boyne City District Library.
www.boynechamber.com

3/7, Saturday, 7:00 - 9:00pm

3/8, Sunday, 2:00 - 4:00pm

"MARY POPPINS"

Performing Arts Production held at Charlevoix Middle/ High School.
www.charlevoix.org

3/8, Sunday, 4pm

MONTHLY ADULT GRIEF SUPPORT GROUP

Support program held at the First Baptist Church in Charlevoix. Please call to register or for more information at 231-547-7659.
www.hospicewm.org

3/8, Sunday - 3/17, Tuesday

IRISH HERITAGE WEEK

Irish music, food, history and more in Boyne City.
www.boynechamber.com

3/13, Friday - 3/15, Sunday

BOYNE MOUNTAIN - KIDS' FESTIVAL WEEKEND

Village party with a cookout, coloring contest, wagon rides, and many more fun family events. Visit www.boyne.com.

3/13, Friday, 6:00pm - 3/15, Sunday, 10:00am

CAMP DAGGETT - FATHER/SON WEEKEND

Fathers, stepfathers, grandfathers or big brothers are invited to bring their sons/grandsons (ages 7-14) for a fun filled weekend. For more info or to register, contact Ed Leverenz at 231-347-9742, ext. 112.
www.campdaggett.org

3/14, 20, 21, 7:00pm; 3/15, 2:00pm

"HIGH SCHOOL MUSICAL"

Produced by Boyne City High School Drama Department, Performing Arts Center.
www.boynechamber.com

3/18, Wednesday, 1 - 7pm

PROJECT CONNECT

A day of free services for those in need at the Odawa Ca-sino, Ovation Hall, in Petoskey. Volunteers needed. For more info, call Char Em United Way @ 231-487-1006 or visit the website @ www.ProjectConnect231.org.

3/19, Thursday, 4:00 - 7:00pm

CHARLEVOIX BUSINESS EXPO

One of the largest business networking events, the expo will feature 75 booths in a wide range of categories, including retail, professional, industry, service, tourism and more. The expo will also feature the Taste of Charlevoix where area

restaurants will set up and offer attendees a sampling of their culinary specialties. Admission \$5.
www.charlevoix.org

3/20, Friday - 3/22, Sunday

BOYNE MTN. - CARNIVAL WEEKEND

Carnival Kick-Off Party, On-Hill Party, Adult Costume Con-test, Slush Cup, and much more. For more event details, visit www.boyne.com.

3/24, Tuesday, 10:00am

COFFEE WITH JANIA TAYLOR: THOSE MAGICAL DAMES

Jania Taylor is an award-winning magician whose wit and charm have pleased audiences throughout the country. She has been classically trained in the art of prestidigitation (skill in performing magic/conjuring tricks with the hands).
www.crookedtree.org. (Gilbert Gallery)

3/26, Thursday, 5:30 - 7:00pm

MARCH SWIRL

Join us for wine tastings in our galleries. Mingle among beautiful art, listen to local musicians, and sample fine wines and food from local restaurants. Tickets may be purchased on-line, telephone, or at the door. Event takes place at the Crooked Tree Arts Center in Petoskey.
www.crookedtree.org

BOYNE AREA SENIOR CENTER ACTIVITIES

Thursday, February 26
Wii Bowling
11am Knitting & Crochet

Friday, February 27
Birthday Day!
11am Roger Hartson Raffle

Monday, March 2
Line Dance
Brown-Bag Bingo - Gift Certificate Prize

Tuesday, March 3
10am Advisory Bd Mtg
Brown-Bag Bingo - Free Lunch Prize

Wed., March 4

Thursday, March 5
Wii Bowling
11am Knitting & Crochet

CHARLEVOIX SENIOR CENTER ACTIVITIES

Thursday, February 26
11am Chair Yoga Class
1pm Pinochle

Friday, February 27
BIRTHDAY DAY!
Adolph Cwik Music
9:30am Craft Class
1pm Rummy

Monday, March 2
1pm Bridge
1pm Woodcarving
7pm Bible Study

Tuesday, March 3
11am Chair Yoga Class
1pm Paint Class
1pm Rummy
AARP TAX PREP 9am-1pm

Wed., March 4
12:45pm Bingo

Thursday, March 5
11am Chair Yoga Class
1pm Pinochle

EAST JORDAN SENIOR CENTER ACTIVITIES

Thursday, February 26
KARAOKE DAY!

Friday, February 27
11am John Slough
Bingo/Raffle

Monday, March 2
8am-1pm Walking M-F

Tuesday, March 3
10:30am Line Dancing
12:30pm Bingo
1pm Paint Class

Wed., March 4
GAME DAY!

Thursday, March 5
KARAOKE DAY!

CHARLEVOIX COUNTY SENIOR CENTER MENU

Thursday, February 26
BEEF SPANISH RICE

Friday, February 27
COD ALMONDINE

Monday, March 2
STUFFED PEPPER

Tuesday, March 3
LEMON CHICKEN

Wed., March 4
COOK'S CHOICE

Thursday, March 5
VEAL & MUSHROOMS

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Kevin and Marlene Robinson
01970 Valley View Road, Boyne Falls
231.549.2026
robinsonliving@gmail.com

Charlevoix County Transit System

HOURS OF OPERATION
6am-7pm Monday-Friday
9am-4pm on Saturday
231-582-6900



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